

full-of-life

*Alchemy
of
leadership &
organisation*

Life Projects
coaching & training

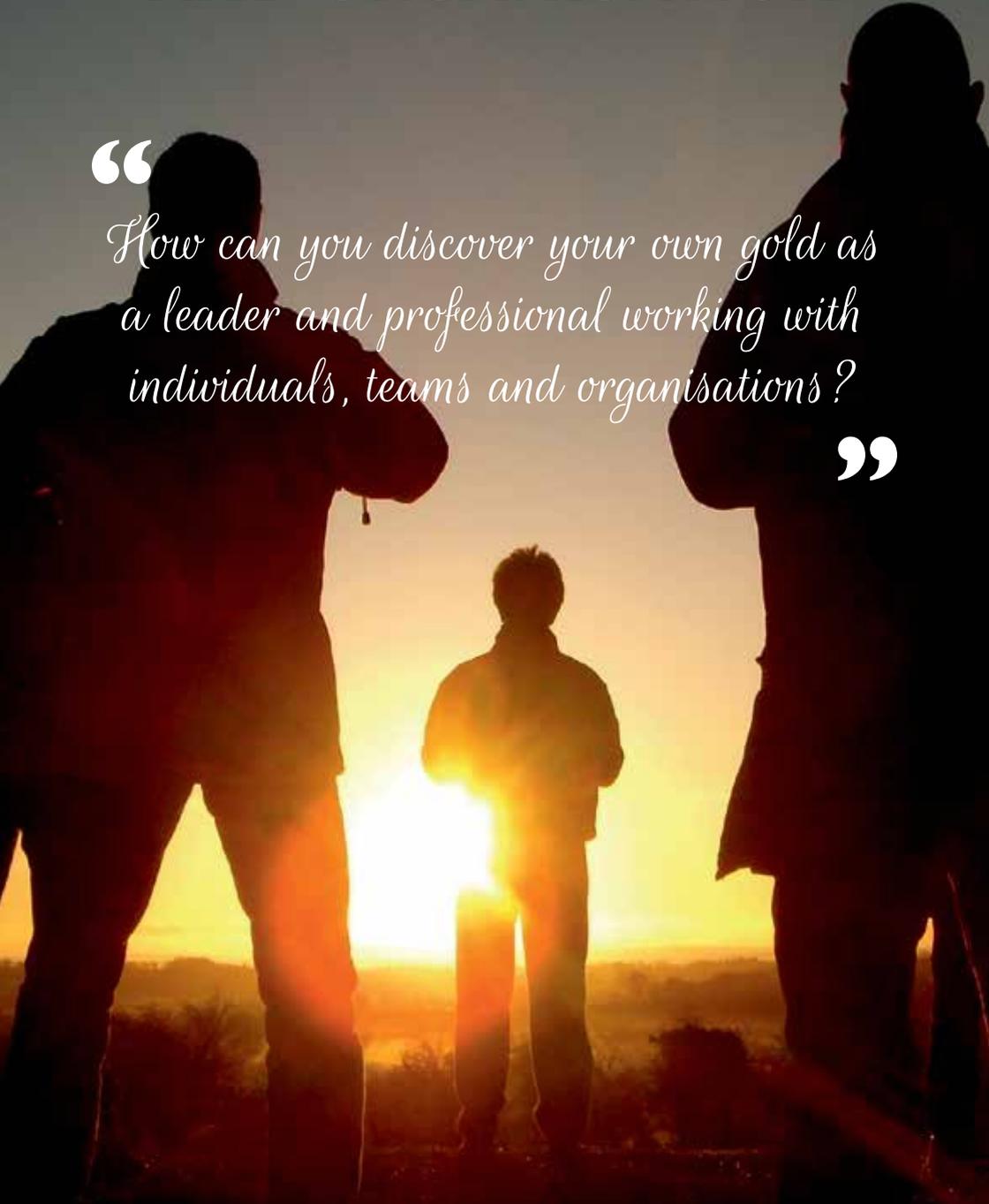


ALCHEMY OF LEADERSHIP AND ORGANISATION

“

How can you discover your own gold as a leader and professional working with individuals, teams and organisations?

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In the business world there is a deep need for leaders who can look, think, feel, **communicate and lead differently**. The leader who masters leadership of the 4 dimensions, is **really present** on his director's seat. As two leaders testified that followed our program: **"I have regained my life."**

The moment someone can bring together all four aspects of his being (physical, emotional, mental and spiritual) in his life, work and leadership, **fulfilment and added value** is created.

The uniqueness of the approach of Life Projects is that it makes the two dimensions that rarely are used in organizations and trainings, **practical**, namely the **physical and spiritual** dimension. This make one's life and leadership **embodied and inspired** and he or she can inspire and motivate from deeper values, wisdom, creativity and intelligence.

The life of the leader, professional and the organization will receive fulfilment. Leading and guiding is now done from **effortlessness**. The deeper qualities and abilities gradually seep to the surface.

Essential in our approach is that people discover **themselves** what this means. This allows participants to experience our training as intrusive, quiet, life-changing and like coming home.

***Are you a leader or professional
who has the desire to awaken this sleeping potential
and use it to make your life richer and more fulfilling?***

***A world of unlimited possibilities where worldly success and individual
fulfilment melt together, will open itself for you.***

COACHING ON AN INDIVIDUAL BASIS

Leaders often come to us for individual coaching. This involves sometimes their personal leadership, or team or organizational issues. But often it is also about other topics such as health, family, meaning.

IN COMPANY TRAINING

Alchemy of leadership tailored to your business that can take place in your company or at a location you like. Can also take the form of a complete trip to powerful places in France, Switzerland, Great Britain or China. This can range from 1 day introduction for teams to complete organizational change where we bring Alchemy of Leadership top-down in the organization. The alchemy between product - human resources - clientele here is key.

ALCHEMY OF LEADERSHIP JOURNEYS *(see our separate brochure)*

ALCHEMY OF LEADERSHIP TRAINING

This training consists of three modules of in total 8 days (which can be followed separately too). The three modules explore key leadership themes on the basis of the natural elements, the third module is the most practical oriented.

The Alchemy of Leadership training will help you as a person and as a leader to awaken the unused potential and learning how to apply it effectively in practice. Where almost all the leadership trainings stretch or change the known potential, we focus instead on those fields that are not used at all.

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WHAT WE OFFER

MODULE 1

Earth and Fire



Leaders give us feedback that we can make spirituality and physical dimensions very practical. It will also give more calmness and “wellbeing” for individuals and teams, combined with a higher effectiveness.

Each module is quite different, but still has the same elements, namely:

- Self-reflection: Where do I stand when it comes to these issues?
- Experience new things, explore. Initiations into the elements. Join the inexhaustible creative power of nature again.
- How can you develop this new potential (through tips, exercises ...) and how you can you apply it yourself in the reality of your work.

These trainings will be held in the Life Center Projects Hamme. We provide overnight stays in hotels or Bed and Breakfasts near The Life Projects Center.

MODULE 1: EARTH AND FIRE (2 DAYS)

- Element Earth: The physical dimension. Grounding, remain at the core of the matter. Learning to let tension go, your own shadow side and knowing the impact.
- Element Fire: The emotional dimension. Clarity about your emotional palette. The true leader heart. Stand in the heat of battle. Leading with passion and enthusiasm.
- Initiations in both elements. We do this, among other things, by **working with horses, as animals have no business hierarchy and mirror behavior sharply**. Also by a fire ritual and moving/meeting in the dark.
- How to apply these elements in the practise of leadership.

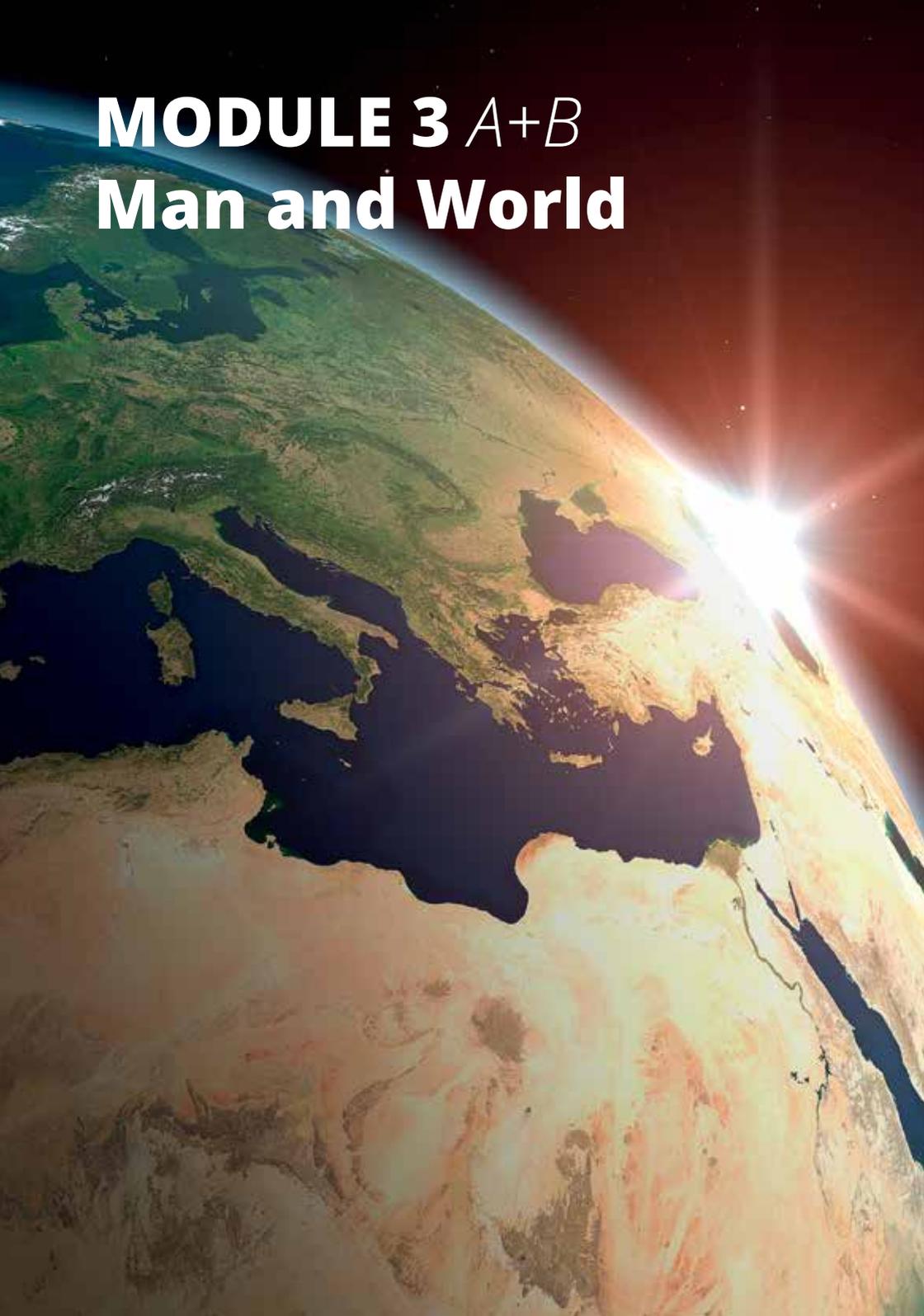
MODULE 2: HEAVEN AND WATER (2 DAYS)

- Element Air (heaven): Mastering the mental dimension in a more creative way. Creating space for what really matters. What leads (not pushing) you as a leader?
- Water Element: Surrender, let go. Recharge your batteries in the silence of winter. Water as a source of vitality in your life, your leadership, your organization. The power of not knowing.
- Initiations in both elements. **We do this, among other things, by using birds of prey, as animals have no business hierarchy and mirror behavior sharply and by surrendering exercises in water.**
- How to apply these elements in the practise of leadership.

MODULE 2

Heaven and Water



A satellite view of Earth from space, showing the Middle East and surrounding regions. The sun is visible on the right side, creating a bright glow and lens flare. The Earth's surface is a mix of green, brown, and tan, with dark blue oceans. The title text is overlaid on the top left.

MODULE 3 *A+B*

Man and World

MODULE 3 A+B: MAN AND WORLD (2X2 DAYS)

- **Man:** Giving life and guidance from your core value. Loosen the creative potential in yourself and the people in your organization. Man / woman at work.
- being man/woman at work
- to be in your element. Discover your own element and that of the people surrounding you.
- **World:** Developing your team and organization as a living organism. A new orientation for yourself, your team, your organization. The dynamics between human potential, functional potential and your clientele. Watching the obstacles through alchemy glasses. How to apply the learned lessons in practice.
- How to apply alchemy of leadership in the practise of leadership.
- A testimonial and tips from a successful leader who is already using these principles in practice.



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